

### Starters & Light Bites

**Homemade Soup of the Day .....€6.00**

With a fresh baked bread roll (G, MK, CY)

#### Crispy Chicken Wings

With a light spice tossed in a BBQ or Buffalo sauce served with a blue cheese dip (G, E, S, MK, CY, MD)

**10 pieces .....€7.00**

**15 pieces .....€9.00**

**20 pieces .....€12.00**

**Breaded Garlic Mushrooms .....€6.00**

With garlic aioli (G, MK, MD)

**Nacho Bowl .....€6.00**

Crispy nachos topped with chilli beef or chilli mixed beans & melted cheese (S, MK, N, CY, SE)

**Loaded Potato Skins .....€6.00**

(G, MK, MD) Served with sour cream & sweet chilli dip with a side of your choice:

- Bacon, red onion marmalade & cheese

- Chilli beef with melted cheese

- Tomato, sweetcorn, red onion marmalade & cheese

### Small Plates or Mains

#### Italian Bruschetta

With sun-dried & fresh tomato mix, basil pesto, & mozzarella cheese (G, MK, MD)

**Starter .....€6.50      Main with a side .....€12.50**

#### Breaded Goat's Cheese

Served with beetroot, dried cranberries, walnuts, rocket & a balsamic glaze (G, E, MK, MD)

**Starter .....€7.00      Main with a side .....€13.50**

#### Cajun Spiced Salmon

With a cherry tomato, red onion, coriander salsa with rocket & a balsamic drizzle (F, CY, SS)

**Starter .....€8.00      Main with a side .....€15.50**

#### Chargrilled Chicken Salad

With cos lettuce, garlic croutons, red onions, egg, crispy bacon, parmesan & a caesar dressing (G, E, F, S, MK, MD)

**Starter .....€7.00      Main with a side .....€13.50**

#### Mixed Seafood Basket

With salt & pepper squid, prawn twisters, and a panko calamari ring with spicy chipotle dip (G,C,E,F,P,S,MK,N,CY,MD,SE,SS,L,M)

**Starter .....€8.00      Main with a side .....€15.50**

### From The Grill

All our beef is Irish and sourced locally from our local butcher. It is fully traceable from farm to fork.

**10 oz Sirloin Steak .....€22.00**

**6 oz Sirloin Steak .....€16.00**

**50/50 .....€19.00**

6 oz sirloin steak & a grilled cajun chicken fillet topped with crispy onions (G, CY)

**SURF & TURF .....€22.00**

6 oz sirloin steak with salt & pepper squid, prawn twisters (G, C, E, F, S, N, SE)

All steaks are flamed grilled to your liking, served with sauté onions and mushrooms along with a side & sauce of your choice

**Open Steak Ciabatta Sandwich ....€14.50**

Chargrilled strips of sirloin steak with sauté onions, mushrooms & cheese served on a garlic ciabatta, pepper sauce & a side of your choice (G, E, S, MK) *Gluten Free Bread Available*

**Chargrilled Chicken Fillet Melter ..€13.50**

Topped with smoked bacon, cheddar cheese, crispy onions served with a creamy pepper sauce & a side of your choice (G, MK)

**Cajun Chicken Melt .....€13.50**

Topped with red onion chutney & goat's cheese served on a bed of roast vegetable and tomato sauce with a side of your choice (MK, N, CY) *Gluten Free*

### Burgers

All beef burgers are 8oz, chargrilled & served on a toasted brioche bap, with a side of your choice

**The "Top Gun" .....€11.95**

A good old classic plain beef burger (G, E, S, MK)

**The "Gladiator" .....€13.95**

Served with spicy chipotle mayonnaise, jalapenos, cheese and tobacco onions (G, E, S, MK)

**The "Terminator" .....€14.50**

Bacon, mushrooms, onion rings and cheese (G, E, S, MK)

**The "Transformer" .....€13.95**

Crispy bacon, sauté onions, smoked cheddar cheese (G, E, S, MK)

# Backstage

BAR & GRILL

## ALL DAY MENU

### The "American Hustle" .....€13.95

Smoked bacon BBQ sauce and caramelised red onion and cheese (G, E, S, MK)

### The "Avatar" .....€13.95

Chargrilled chicken fillet topped with smoked bacon, melted cheese, crispy onions & a side of pepper sauce (G, E, S, MK)

### The "Rocky" .....€13.95

Cajun spice chicken fillet topped with red onion marmalade, goat's cheese & a spicy chipotle mayo (G, E, S, MK, CY, SS)

### The "Back To The Future" .....€13.50

Breaded chicken fillet burger with lettuce, tomato & vegetable slaw (G, E, S, MK)

### The "Green Mile" .....€11.95

Veggie burger - grilled mushroom, red onion marmalade, mixed salad and garlic mayo (G, E, S, MK)

## Salads & Pastas

### Warm Chicken & Bacon Salad .....€13.50

With garlic potatoes, mixed tossed salad & house dressing (G, MK, MD) *Gluten Free Option Available*

### Lemon & Garlic Chicken Rustic ....€13.50

With baby potatoes, cherry tomatoes, smoked bacon, broccoli, pesto and rocket (MK, N, MD)

### Backstage Salad Bowl .....€11.50

With Moroccan couscous, spicy lentils, Thai style noodle salad and mixed leaves (G, E, N, CY, MD, L)

All pasta dishes are served with garlic bread & fresh parmesan

### Napolitana Pasta .....€10.95

Roast Mediterranean vegetables in a rich tomato sauce tossed in penne pasta (G, E, MK, N, CY)

**Add Chicken €3 EXTRA**

### Penne Pasta Carbonara .....€13.50

With smoked bacon, onions, mushrooms in a creamy garlic sauce (G, E, MK, SS)

### King Prawns & Crab Spaghetti .....€14.95

With garlic, chilli, coriander & lime (G, C, E, F, MK, CY, M)

### Spicy Penne Pasta .....€13.50

With cajun chicken, onions, mushrooms & peppers cooked in a creamy tomato & chilli sauce (G, E, MK, CY)

### Super Green Penne Pasta .....€11.50

With spinach, peas, broccoli, green beans tossed with basil pesto (G, E, MK, N, CY)

## Century Favourites

### Taco Chilli Beef Bowl .....€9.50

Chunky chips topped with chilli beef, taco sauce & melted cheese (MK, CY)

### Golden Fried Chicken Goujons .....€12.50

With a duo of dips & side of your choice (G, E, MK)

### Fish and Chips .....€13.95

Battered fillets of cod served with chunky chips, mushy peas & tartar sauce (G, E, F, S, MK, MD, SS)

### Mixed Chicken Spice Box .....€11.50

"Backstage style spice bag" with piri-piri chips, mixed vegetables, chicken goujons, chicken wings & crispy chicken strips (G, E, P, S, N, CY)

## Sides

### Skinny Fries .....€3.50

### Regular Chips .....€3.50

### Sweet Potato Fries .....€4.00

### Baked Potato .....€3.50

### Signature Chips (MK, MD, SS) .....€4.00

### Garlic potatoes (MK) .....€3.50

### Corn On The Cob (MK) .....€3.50

### Onion rings (G, SS) .....€3.50

### Side salad (E, MK, MD) .....€3.50

### Homemade Vegetable Slaw (E, MK) .....€3.50

### Sauces .....€2.50

Curry Sauce (G, MK, CY, MD)

Pepper Sauce (MK, S)

Garlic Butter (M)

Gravy (MK, S)

### Dips .....€1.00

Mayo

Garlic Mayo

Taco

BBQ

## Dietary Information

Allergens- G: cereal containing Gluten, C: Crustaceans, E: Eggs, F: Fish, P: Peanuts, S: Soybeans, MK: Milk, N: Nuts, CY: Celery, MD: Mustard, SE: Sesame, SS: Sulphates, L: Lupin, M: Molluscs

Please advise a member of staff if you have any allergies. We cannot guarantee for items to be 100% free of all allergens. \*Gluten free options available, please ask your server.